Tips+Tricks



Borrow This Idea: Low-Carb Pizza Bowls

At Venezia's New York Style Pizzeria, with five locations around Phoenix, president Domenick Montanile says he needed to figure out a way for locals on low-carb diets to still frequent the pizzeria. So about a year ago, Montanile created the Low-Carb Pizza Bowl, giving his customers all of the pizza toppings they love, without the carb-heavy crust.

There are four specialty Low-Carb Pizza Bowls on the menu, including the Veggie; the Combo, with pepperoni and sausage; the Pesto, with pesto chicken; and the spicy Diavolo bowl. Customers can also build their own bowls, choosing from an array of proteins and veggies. Each Low-Carb Pizza Bowl averages 20 net carbohydrates, which is about 75% less carbs than a two-slice meal, according to the Venezia's menu.

"I looked up our sales numbers toward the end of last year, and we were selling an average of about 240 to 250 pizza bowls per week between our five locations, so just under 50 per week per location," Montanile reports. "We're now averaging around 300 to 320 per week across all locations, so that's just over 60 per week per location."